

Entries

L.B of BARNET

Barnet

Abisch, Mrs Nadia, MBACP, University of Westminster, Metanoia, Psychodynamic/Integrative

T: 020 8440 2106 **E:** nadabisch@btinternet.com

General counselling/ Depression/ Phobias/ Anxiety/ Relationships/ Stress/ Bereavement/ Panic attacks

Individuals/ Couples. Day/ Evening/ Weekends £40-£60

French spoken

Abrahams, Gill, Registered Member BACP (Accred), PG. Diploma in Counselling

T: 020 8441 0974 **M:** 07811 104136 **E:** gill@hear2help.net **W:** www.hear2help.net

Psychodynamic Counselling, long and short term/ Childhood issues/ Anxiety/ Depression/ Loss and trauma

Individuals only, Daytime/ Evenings. £50

Low Cost Supervision is also offered .Details available on application

Abrahamson, Helen,

Cert Ed. M.A. UKCP Integrative Child and Adolescent Psychotherapist

M: 0797 0997 448 **E:** helen@mangosurf.net

Child and Adolescent Psychotherapist working with the Arts

Children and parents. After 5 pm Monday - Thursday £60 - some concessions

Supervision training with Terapia 2013 £60 Some concessions

Alexander, Elli, Registered Member BACP (Accred), UKRC Diploma in Counselling

T: 07855 057 034 **E:** e.alexander.couns@gmail.com

General counselling/ Bereavement/ Work/ Relationships/ Stress/ Anxiety/ Depression.

Individuals and couples. Daytimes until 7pm. No weekends £45-£65 Some concessions may be available

Experience as Supervisor for 5 years £45

Norwegian spoken

Bourne, Ruth, ASGB, MBACP, I.I.P. Accredited, Cruse, WPF, Dip. Educational Psychology

T: 020 8445 5128 **E:** ruth@bourne1926.plus.com

General counselling/ Short & long term/ Bereavement/ Eclectic/ Family counselling

Individuals/ Families. Weekdays/ Some evenings £30

Hildebrand, Mrs Miki, MBACP (Sen. Accred) Counsellor, UKRC

T: 020 7724 2191 **E:** mikihildebrand@yahoo.co.uk

General counselling/ Anxiety/ Depression/ Bereavement/ Relationships

Couples/ Individuals. Day/Evening/ Some Weekends £50-£70

Silver-Myer, Sharon, Registered Member BACP (Accred), BSc (Psychology), Dip Counselling

M: 07855 510669 **E:** sharon@silver-myer.com **W:** www.sharonsilver-myercounselling.co.uk

Any issues which are causing you upset or decreased well-being, be it from the past, the present or an anxiety about the future.

Individuals from age 18. Please phone to discuss your needs £55. Some concessions

Usher, Charlotte, Registered Member BACP, Cert. HE in Counselling , MA in Contemporary Therapeutic Counselling, University of Hertfordshire

M: 07864504998 **E:** orchardcounsellingservice@gmail.com **W:** www.orchardcounsellingservice.com

Psychodynamic / General / Relationships/ Loss/ Anxiety/ Sexuality/ Stress

Individuals. Day / Evening / Weekend £40

Warren, Mrs Madeline,

Registered Member BACP (Sen Accred) Counsellor, Diploma in Counselling, Diploma in Integrative Supervision

T: 020 8959 1463 **E:** mwarren294@live.co.uk

General counselling/ Depression/ Relationships/ Bereavement/ Loss

Individuals/ Couples/ Trainee counsellors Day /Eve £45-£50 Some concessions

Supervision £45 Some concessions

Cockfosters

Budd, Annette,

**FPC, Registered Member BACP, UKCP, Adv.Dip.Psychodynamic Counselling. Once weekly
Psychodynamic psychotherapy**

T: 020 8440 3331 **E:** annette@budd44.freemove.co.uk

General counselling/ Depression/ Bereavement/ Relationships/ Self esteem/ Changes/ Culture/ Food issues

Individuals. Tues,Weds,Thurs, Day & evening £25-£50

Elston, Shelly,

Registered Member BACP (Snr Accred), Private Medical Insurance Recognised

Cert. Counselling, Cert. Facilitation & Extended Counselling Skills - City University

T: 020 8441 8315 **E:** shelly.elston@btinternet.com

General Counselling, Coaching, CBT: Relationships/Stress/Depression/Panic Attacks/Insomnia/PTSD/CFS

Individuals/ Couples/ Companies. Day/Evening/Saturday am £40 to £60. Some concessions.

Supervision: Cert Facilitation £50

East Finchley

**Athinodorou, Ms Phaedra, Registered Member BACP (Accredited), Diploma in Therapeutic
Counselling. Certificate in Counselling. Bereavement Training**

T: 07720 772 595 **E:** phaedramail@aol.com

General counselling/ Depression/ Anxiety/ Abuse/ Low self-esteem/ Bereavement/ Relationship issues/ Self-harm

Individuals. 16+ Daytime and one evening £40 per hour. First session free

Bartram, Mr Mick, MBACP (Accred), PhD, Diploma in Supervision

T: 0777 408 6153 **E:** bartramn2@aol.com **W:** www.mickbartramcounselling.co.uk

General counselling

Individuals. Day/evening £45

Supervision £45

Edgware

Collick, Cindy, MBACP (Accred), Diploma in Person Centred Counselling

T: 07830 354 808 **E:** counselling.for.you@gmail.com **W:** www.counselling-for-you.co.uk

General counselling/ Anxiety/ Depression/ Post Natal Depression/ Bereavement/ Stress

Individuals/ Couples/ Adults/ Children. Day/ Evening/ Weekends £50. Some concessions available

Hass, Nicole, MBACP, Advanced Dip. Counselling-Person Centred/CBT

T: 07771927998 **E:** nhass7@yahoo.com

General counselling/ Anxiety/ Depression/ Relationships

Adults/ Couples/ Teenagers/ Children. Day/ Evening £40

English, French, Hebrew

Pollard, Michele, Registered Member BACP (Accred), BA (Hons) Counselling; Person-Centred/Eclectic

T: 07808 811373 **E:** michelepollard15@gmail.com

Bereavement and Loss/ Family relationships/ General/ Play therapy

Adults/ Teens/ Children. Individuals/ Small groups/ Counselling trainees

Day/ Some evenings £45 and negotiable

Finchley

Dony, Mrs Jane, Registered Member BACP, University of Westminster, Diploma in Counselling

M: 07961 110 632 **E:** jane@dony.org.uk

Relationships/ Depression/ Anxiety/ Stress/ Loss and Bereavement

Individuals and Couples. Day/ Evening £50 Negotiable

Epstein, June, UKCP registered, MA Psychotherapy and Counselling, ADIP

T: 020 8346 6082 **E:** j.epstein@btopenworld.com

General counselling/ Bereavement/ Relationships/ Sexuality/ Anxiety/ Depression/ Loss

Individuals/ Adults. Day/Eve £40-45

Finchley Central

Schamroth, Sharon, Registered Member BACP (Senior Accred), UKCP, Dip. Couns.

M: 07940708378 **E:** sharonschamroth@yahoo.co.uk **W:** www.insightcounselling.info

Depression

Individuals /Couples. Day/Eve £50

Golders Green

Leigh, Mrs Yvonne, MBACP, Adv. Dip. Counselling and Psychotherapy

T: 07956374569 **E:** yvonneleigh@gmail.com

Stress/ Anxiety/ Depression/ Bereavement/ Relationships/ Addictions/ Eating disorders/ Illness

Individuals/Couples. Day/ Evenings by arrangement £55

Parkinson, Karin, MBACP (Snr Accred), MSc, Psychol Couns. Hypnotherapy (GHSC registered)

T: 020 8458 4161 **E:** karinsplace33@gmail.com **W:** www.karinparkinson.co.uk

Anxiety/ Bereavement/ Depression/ The older client/ Post-natal depression/ Relationship issues.

Individuals/ Couples. Day and Tues/Weds evening. £50 Individuals/ £75 Couples.

Hypnotherapy/ Hypnobirthing/ Stop smoking. See website for Hypnotherapy fees

BACP Accredited Supervisor of Individuals & Groups. French spoken

High Barnet

Mulcahy, Tricia,

Registered Member BACP (Accredited), Member UKCP, Dip. Integrative Psychotherapy, M.A. Education, CQSW, Dip. Social Work, Cert. Counselling Skills, Cert. Education.

T: 020 8440 2472 **E:** tricia.mulcahy@btiinternet.com

All general counselling/psychotherapy/ Loss & bereavement/ Depression/ Anxiety/ Relationships/ Health issues/ Life changes

Individuals/ Young people/ Couples. Day/ Evening £45. Low cost for trainees. Sliding scale for those on a low income

Mill Hill/Edgware

Chern, Lester,

Registered Member BACP (Accred), Diploma in Person Centred Counselling, Diploma in Integrative Supervision, Cert in Play therapy Skills

T: 07973803592 **E:** lesterchern@tesco.net **W:** www.accessiblecounselling.com

Past and present abuse/ Bereavement/Anxiety/ Stress/Depression/ Relationships/ Sexuality

Individuals from 12 years upwards

Daytime/Evenings/Weekends (morning only)

£45 per hour. Some concessions offered

Supervision £45 Red rate for students

Long experience of working with adolescents and adults.

Mitchell, Shirley, Registered Member BACP (Senior Accredited), Relate Cert., Counsellor and Supervisor, Metanoia (Person-centred counselling.)

M: 07940 594146 **E:** shirley@counsellingconnections.co.uk **W:** www.counsellingconnections.co.uk

General counselling/ Relationships/ Anxiety/ Depression/ Bereavement/ Cancer and other life-changing illnesses

Individuals/ Couples/ Families. Weekdays/Evenings/ Sunday mornings. £55-£70 Individuals/ £60-£80 Couples. Some concessions may be available

Relate trained supervisor of individuals and groups. I have considerable experience working with individuals and families affected by cancer and other life-changing illnesses.

New Barnet and Whetstone

Crowther, Marja, MBACP (Accred), MBPsS, General member of COSRT

Advanced Diploma in Psychotherapeutic Counselling, Dip in Psychosexual and Relationship therapy, BSc (Hons) Psychology

M: 07984 954579 **E:** marja.crowther@yahoo.com

Psychosexual and relationship issues/ General counselling/ Bereavement/ Identity issues/

Self-esteem/ Anxiety and depression

Couples/ Individuals. Monday-Thursday/ Day/ Evenings £40-50

Finnish spoken

North Finchley

Demol, Mrs Jessica B, BPS, HPC, BACP, BABCP, Chartered Counselling Psychologist (CPsychol) with Registered Practitioner status.

M: 07956854461 **E:** jessica@demol.co.uk

Specialist in Cognitive Behavioural Therapy for depression, anxiety, OCD, PTSD, eating disorders, panic attacks and self esteem

Individuals/Day £45-£65

Spanish spoken

Southgate

Elston, Shelly,

Registered Member BACP (Snr Accred), Private Medical Insurance Recognised

Cert. Counselling, Cert. Facilitation & Extended Counselling Skills - City University

T: 020 8441 8315 **E:** shelly.elston@btinternet.com

General Counselling, Coaching. CBT: Relationships/Stress/Depression/Panic Attacks/Insomnia/PTSD/CFS

Individuals/ Couples/ Companies. Day/Evening/Saturday am £40 to £60. Some concessions.

Supervision: Cert Facilitation £50

Woodside Park

Simmons, Mrs Gloria,

UKCP, MBACP, Individual, Couple, Family & psychosexual psychotherapy, Family mediation.

T: 020 8445 6025 E: gloria@connextherapy.com

Anxiety/ Depression/ Relationships/ Bereavement/ Work issues/ Families/Sexual orientation

£50 per hour, Some concessions by arrangement.

Some French

L.B of CAMDEN

Davis, Diana,

UKCP, MBACP (Snr Accred), MA Psychotherapy IPSS/ University of North London, PG Diploma in Counselling University of East London

T: 020 7586 4876 E: dfdavis@btinternet.com

Psychodynamic/General Counselling/ Anxiety/ Depression/ Bereavement/Relationships/ Work Issues/ ME/CFS

Individuals. Day/ Evening £40-£60 Some concessions

Highgate

Hollings, Avril, MBACP, UKCP Registered Psychotherapist, UKAHPP Accredited Supervisor,

T: 020 8444 0670 E: avrilhollings@virginmedia.com W: www.avrilhollings.com

General psychotherapy and counselling/ Relationships/ Anxiety/ Depression/ Loss/ Stress/

Sexual orientation/ Issues of difference

Individuals/Couples. Day/ Evening and Saturday morning £60 individuals/ £70 Couples

Supervision £55

L. B of ENFIELD

Enfield

Flacks, Rachel, Registered Member BACP (Accred.), Adv.Dip.Couns., Dip.Clin.Sup., Adv.Dip.E.D., M.A

T: 020 8360 4702 **E:** rachelflacks@hotmail.com

General counselling/ Short and long term/ Relationships/ Workplace issues/ Eating disorders/ Depression/ Stress/ Bereavement/ Loss

Individuals/ Trainees. Day/ Early evening £40 - £55 negotiable. French understood

Supervision available. Dip in Clinical Supervision £40 - £55 negotiable

Pascoe, Allyson, Registered Member BACP (Accred.), Adv.Dip.Couns., P.G.Cert in Counselling Supervision, B.A, Registered Adoption Counsellor

T: 020 8360 6426 **M:** 07855551313 **E:** info@apascoecounselling.co.uk

W: www.apascoecounselling.co.uk

General counselling/ Short and long term/ Relationships/ Bereavement/Depression/ Stress/ Loss/ Illness/ Workplace issues/ Adoption issues

Individuals/ Couples/Trainees, Day/Evening. £40 Individuals/ £50 Couples. Negotiable

Supervision available P.G Cert in Counselling Supervision £30-£50. Negotiable

Oakwood

Bueno, Brenda,

Registered Member BACP (Accred), PGCE, Cert Couns, P.G.Dip Couns

T: 07940 897176 **E:** brendabueno@netbase.co.uk **W:** www.brendabueno.co.uk

General counselling/Anxiety/ Depression/Loss/ Relationships/ Abuse/ Stress/ Adjustment to life changes/ Low self esteem

Couples/Individuals/ Children/ Young people/ Families/ Senior citizens

Day/Evening/Saturdays. £50 Individuals / £70 Couples/Families Concessions available

Supervision. Fees based on individual need Concessions available

Reg.Aviva, WPA, Pruhealth provider

Southgate

Budd, Annette,

**FPC, Registered Member BACP, UKCP, Adv.Dip.Psychodynamic Counselling. Once weekly
Psychodynamic psychotherapy**

T: 020 8440 3331 E: annette@budd44.freemove.co.uk

General counselling/ Depression/ Bereavement/ Relationships/ Self esteem/ Changes/ Culture/ Food
issues

Individuals. Tues,Weds,Thurs, Day & evening £25-£50

Elston, Shelly,

Registered Member BACP (Snr Accred), Private Medical Insurance Recognised

Cert. Counselling, Cert. Facilitation & Extended Counselling Skills - City University

T: 020 8441 8315 E: shelly.elston@btinternet.com

General Counselling, Coaching. CBT: Relationships/Stress/Depression/Panic
Attacks/Insomnia/PTSD/CFS

Individuals/ Couples/ Companies. Day/Evening/Saturday am £40 to £60. Some concessions.

Supervision: Cert Facilitation £50

Wloch, Grazyna Anna,

**MBACP (Accred), BSc Hons Psychol, Dip.Psychotherapy/Counselling, Dip.Supervision,
Dip.Addictions**

T: 020 8882 4855 E: grazyna_wloch@yahoo.co.uk

Psychodynamic General/ Relationships/ Depression/ Anxiety/ Loss/ Workplace

Individuals/ EAP referrals. Time Limited and Long Term

Day/ Evening £45 negotiable

Supervision: Post Graduate Dip Supervision £45,

English, Polish, EAP referrals

L.B of HARINGEY

Delmonte, Mr Howard,

Registered Member BACP (Accred), Dip in Couple Therapy/ Relate, Diploma in Therapy-Roehampton

T: 020 8348 8402 **E:** howarddelmonte@btinternet.com **W:** howarddelmontetherapyservices.com

Relationship counselling/ General counselling/Bereavement & loss

Individuals/ Couples/ Families. Available 9am-9pm £45-£70

Alexander,Elli, MBACP(Accred), UKRC Diploma in Counselling

T: 07855 057 034 **E:** e.alexander.couns@gmail.com

General counselling/ Bereavement/ Work/ Relationships/ Stress/ Anxiety/ Depression.

Individuals/ Couples. Daytimes till 7pm/ No weekends £45-£65 Some concessions may be available

Experience as Supervisor 5 years, £45

Norwegian

Muswell Hill

Abram, Vicky, Registered Member BACP (Senior Accredited), UKCP reg., AHPP, Dip.WPF, Spectrum trained, Cert. Working with the Arts: IATE

T:020 8883 2771 **E:** vickyabram@blueyonder.co.uk **W:** northlondoncounsellors.com

Anxiety/ Depression/Relationships

Individuals. Long/ short term. Day/Evening £40 - £60.

Supervision-reg.UKAHPP

Barrett, Ms Tina, Registered Member BACP, Diploma in Counselling, Diploma in Working with Adolescents, Certificate in working in Educational Settings, Certificate in Counselling Skills

T: 07789 637521 **E:** tinabarrett@btinternet.com

General Counselling including Anxiety/ Bereavement/ Bullying/ Depression/ Exam/Work Stress

Young People/ Adults. Day/ Evening £45 Negotiable

Poirier, Mrs Jenny,

Registered Member BACP (Accredited), Diploma in Counselling, EMDR parts 1 & 2

M: 07976 209786 **E:** jennypoirier@counsellor.com **W:** Jennypoiriercounselling.co.uk

Living with chronic illness/Cancer/ Loss and bereavement including loss in pregnancy/ Intrusive memories/ Stress/ Depression/ Anxiety/ Relationship problems

Adult individuals. Day/ Evening subject to availability £45 day/ £50 evening. Negotiable for low incomes

Wood Green

Elliott, Paloma, MBACP Snr. Accred, Dip Psychodynamic Couns

T: 07939876922 **E:** paloma.elliott@blueyonder.co.uk

Psychodynamic/ Systemic/ Art/Play Therapy/ Bereavement/ Trauma/ Anxiety/ Depression/ Attachment Disorders/ Relationships

Individuals/ Couples/ Children/ Trainees

Day/ Evening. Telephone Couns/Supervision £40-60 concessions

PG Dip. Integrative Clinical Sup MBACP Snr. Accred Supervisor Groups £45-65

Spanish

L.B of HARROW

Harrow

Drizen, Mrs Pauline, MBACP (Accred), BSc (Hons), Diploma in Psychodynamic Counselling, Certificate in Supervision, Post Qualification Certificate in CBT

T: 07958354090 **E:** pdrizen@gmail.com

Generic counselling/ CBT/ Depression/ Anxiety/ Panic attacks/ Health anxiety/ Generalised anxiety/ OCD/PTSD; traumas including personal injuries and Road Traffic Anxiety/ Phobias. Couple counselling/ Relationships/ Anger management

Couples/ Individuals/ Families/ Children

Day/Evening/ Some weekend times £25-45 according to income and financial circumstances
Supervision £25-35

French, German and Hebrew

Pinner

Glassman, Gaby, Registered Member BACP (Sen. Accred), MBPsS, MA, Bupa recognised, Post MA Prof Qualification as a Psychologist

T : 020 8421 1609 **E:** gaby@glassman.com

Anxiety/ Bereavement/ Cultural/ Depression/ Eating/ Health/ Relationships/ Self-esteem/ Stress/ Trauma/ Work-related

Individuals/ Trainees/ Supervisees. Day / Evening Fees available on application

Experienced supervisor Fees available on application

Fluent Dutch and German

Transgenerational trauma, particularly in relation to the Holocaust. Convenor of groups for second generation Holocaust survivors

Holland, Mrs, Maisie,

Registered Member BACP (Senior Accred), Counsellor, Supervisor, Post graduate Diploma in Supervision

T: 020 8868 8768 **E:** maisie.holland@gmail.com **W:** www.maisieholland.co.uk

Anxiety/ Depression/ Health related/ Work related/ Bullying/ Stress/ Bereavement/ Relationships

Individuals/Couples. Day/Evening £50 Individuals/ £60 couples

Supervision £50

Soetendorp, David, BPC, FPC, UKCP, Psychodynamic Psychotherapist

T: 020 8429 2955 **E:** dmsuet@gmail.com

Depression/ Anxiety/ Phobias/ Bereavement/ Midlife crisis/ Second generation issues/ Sexual & physical abuse/ Serious illness/ Relationships

Individuals/ Couples. Day/ Evening. Sliding scale from £50

Dutch and German spoken

HERTFORDSHIRE

Bushey

Caplan, Sandra, Registered Member BACP (Accred), PG Dip. Couns.,

M: 07881 964 792 **E:** sandra@busheycounselling.co.uk **W:** www.busheycounselling.co.uk

General counselling/ Anxiety/ Depression/ Relationships

Individuals/ Couples/ Adolescents. Day/ Evening £50 Individual £65 Couples

**Coffer, Roberta, Registered Member BACP (Senior Accredited), Registered Adoption
Counsellor, Diploma in Psychodynamic Counselling**

T: 020 8950 9781 **E:** roberta@coffer.eclipse.co.uk

Anxiety/ Bereavement/ CBT/ Depression/ General counseling/ Relationships/Self Esteem/ Stress/
Work related issues

Individuals/ Couples/ Trainee counsellors/ EAP. Day /Evening £40 - £55 (some concessions)

I work with survivors of Childhood Sexual Abuse

**Freedman, Susan, Registered Member BACP (Accred), PG Dip in Contemporary
Therapeutic Counselling**

M: 07583 739 246 **E:** sdf@zen.co.uk **W:** www.counselling-services-london.co.uk

General counselling/ Anxiety/ Depression/ Bereavement/ Loss/ Cancer/ Stress/ Relationships/ Anger

Individuals. Day/ Early evening. From £45 Long and short term work

Recognised Health Care Provider with Cigna Health Care, PruHealth, Aviva, WPA

Elstree

Wiser, Aviva, BACP (Senior Accredited), Adv. Diploma in Integrative Psychotherapy and Supervision, Humanistic, TA/Gestalt, Person Centred, CBT, Psychodynamic, Integrative Psychology for Adolescents

T: 07986 802526 **E:** wisertherapy@gmail.com

W: www.counselling-directory.org.uk/counsellors/aviva-wiser

Trauma/abuse/depression/bereavement/relationships/self esteem/addiction/sexuality/anxiety/

pregnancy and birth related issues

Individuals/Couples/Teens/Groups/Families/Trainees/Supervisees Day/Evening Fees on application

Supervision

Hebrew

Potters Bar

Jones, Jennifer, MBACP (Accredited), Psychotherapeutic Counsellor, Pg Dip Contemporary Counselling

M: 07968367540 **E:** jenj59@hotmail.com **W:** www.jenniferjonescounselling.co.uk

General counselling/Anxiety/Depression/Bereavement/Loss/Trauma/Relationships/Abuse

Couples/ Individuals/ Children. Weekday and evenings 1st session £25 continuing £40 negotiable

Radlett

Tarsh, Mrs Elaine,

BACP (Accred), COSRT (Member), Post Graduate Certificate (Psychosexual Therapy) University of Hull, Certificate (Marital and Couple Counselling) Relate

T: 07908 943 272 **E:** radlettcounselling@gmail.com **W:** radlettcounselling.co.uk

Relate trained counsellor offering general counselling, specialising in relationships and psychosexual therapy

Couples/Individuals. Day/ Evening & Sunday appointments £50-£65

St Albans

Ebbitt, Ms Carolyn,

**Registered Member BACP, Post Graduate Diploma in Counselling, Diploma in Supervision,
Diploma in Adoption Counselling**

T: 01727 822291 **E:** c.ebbitt@hotmail.co.uk **W:** carolynebbitt.com

General counselling. Experienced in the field of mental health and infertility/ Adoption issues including those adopted, adopting and family issues concerned.

Couples/Individuals. Day/Evenings £45 Reduced rates for those on benefits.

Supervision £45 Reduced rates for those on benefits

French and German understood

Watford

Joyce, Patrick Joseph, MBACP, Dip. Couns., Cert. Ed.

M: 07930 620214 **E:** pj@pjoyce.co.uk

Anxiety/ Identity/ Loss/ Relationships/ Stress/ HIV/ Gay affirmative

Individuals/ Couples/ Trainees. Day/ Evenings £45 Individuals £55 Couples, Some concessions available

Welwyn

**Crossley, Mrs Gillian, Registered Member BACP (Senior Accredited), MSc Integrative
Psychotherapy (Metanoia & Middx Uni) Dip Counselling**

T: 01438715580 **E:** gillian@gcrossley.com

General counselling/ Anxiety/ Loss/Stress/ Relationships/ Adoption issues/ Work related issues

Individuals. Day/Early eve £40

L.B. of ISLINGTON

Graham, Judy, MBACP, MAHPP, UKCP, B.A, MSc

T: 020 7354 2240 E: judygraham13@gmail.com

General counselling/Special interest in addictions/ Eating disorders/ Cultural displacement

Individuals/ Couples. Day/ Evening. £70+ Individuals £90 + Couples

Supervision offered. Particular interest in Gestalt and primary care

French and Spanish

L.B. of WESTMINSTER

Hildebrand, Mrs Miki, MBACP (Sen Accred) Counsellor, MBACP, UKRC

T: 0207 724 2191 E: mikihildebrand@yahoo.co.uk

General counselling/ Anxiety/Depression/ Bereavement/Relationships

Couples/Individuals. Day/Evening and some weekends £50-£70